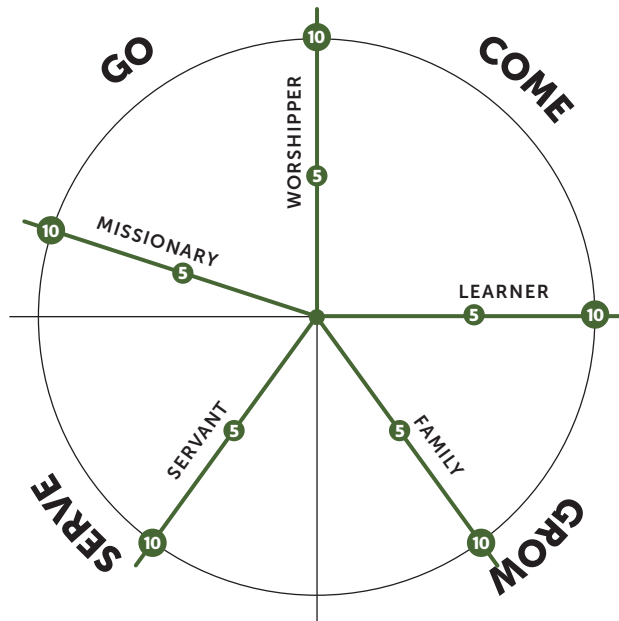




# YOUR PRP

## PERSONAL RENEWAL PLAN



Personal growth is not automatic! Growth takes intentional effort and focus. It also takes commitment. Make a written commitment to spend the next 120 days strengthening one area of your faith.

Over the next 120 days I will make intentional effort to grow in my faith in the area of:

\_\_\_\_\_ *(write one of the five identities)*

### Personal renewal takes a planning!

Look back at the category you have chosen and identify the statements that you did not check. Starting from the top, consider the first five unchecked statements. What kept you from checking them? Below, write down three next steps you will commit to take over the next 120 days to grow in that category.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Personal renewal takes a personal community!

At Sojourn, our desire is that every person move toward authentic Christian living, and we know that authentic growth takes place in authentic community. Below are email addresses where you can get more information about growing in the different Christian identities. We also encourage you to ask your Community Group leader - community is the best place to see growth happen.

**COME**—[come@sojournchurch.com](mailto:come@sojournchurch.com)  
**GROW**—[grow@sojournchurch.com](mailto:grow@sojournchurch.com)  
**SERVE**—[serve@sojournchurch.com](mailto:serve@sojournchurch.com)  
**GO**—[go@sojournchurch.com](mailto:go@sojournchurch.com)

**More information online:** [sojournchurch.com/resource/personal-renewal-plan](http://sojournchurch.com/resource/personal-renewal-plan)

### Personal renewal requires accountability!

We encourage you to share this plan with at least one other person who can keep you on course: a small group or ministry leader, a spouse or friend...who will it be (Proverbs 27:17)?

\_\_\_\_\_

RENEW YOUR RENEWAL EVERY 120 DAYS!



### Draw Your Wheel

Transfer your total scores from each of the five categories onto THE WHEEL. Starting with the center of the wheel as 0, plot your score. (This would mean that a "5" would be halfway between the center and the outer rim, a "10" would be on the outer rim of the wheel.) Once all five category scores are marked on the wheel, draw a line connecting the dots.

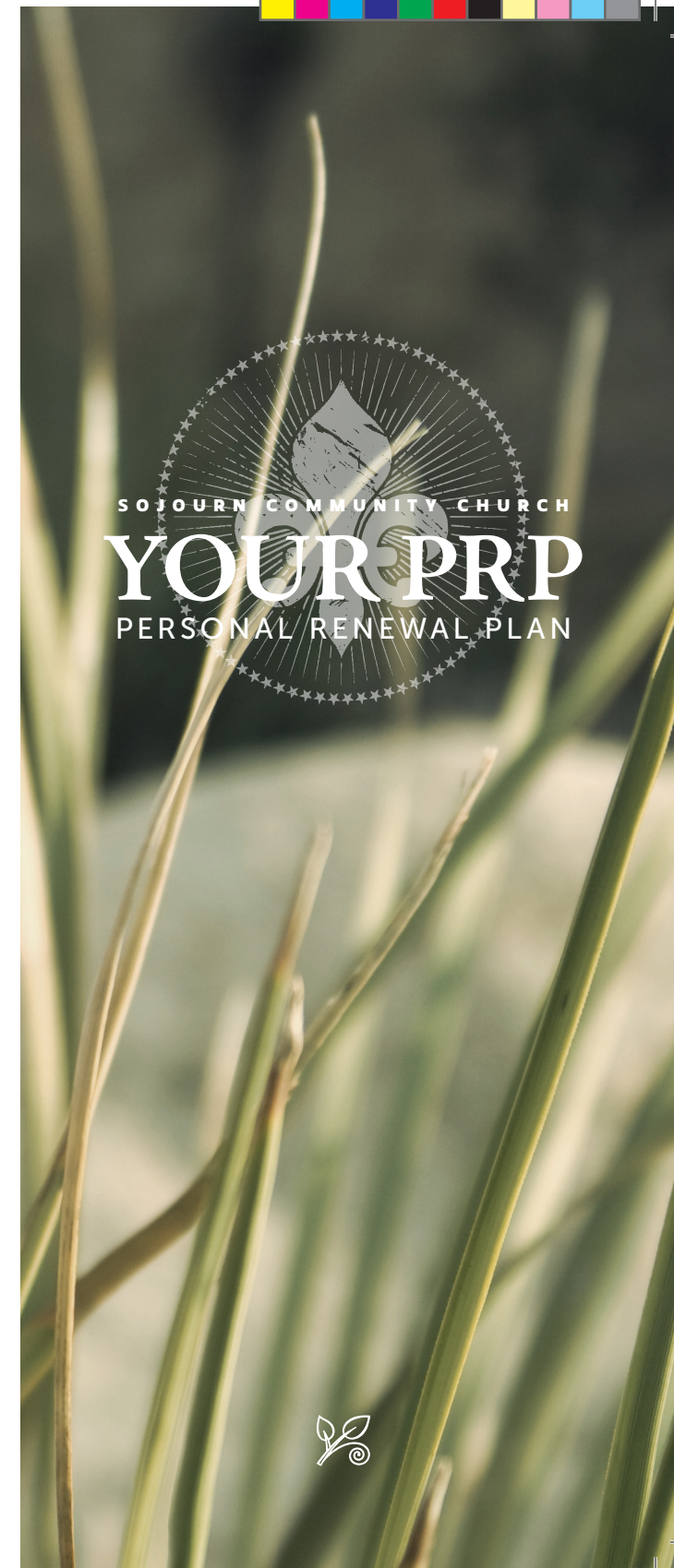
### Consider The Wheel

Take a few minutes to examine your wheel. Take note in which of the four quadrants (Come, Grow, Serve, Go) your wheel flattens out and where it is more rounded.

### Make A Decision To Fix Your Wheel!

The gospel of Jesus Christ has the power to inform and transform everything - including all aspects of our lives. So, as Christ transforms all areas of our lives, we would expect our wheels to be more and more rounded. Since we're all uniquely made, we will all grow faster in some areas than others. But our desire for whole-life renewal in Christ-likeness drives us to seek transformation in areas of our weakness and God will be gracious to guide and mature our walk with him.

Choose a category that you desire to become stronger in and commit to spending focused time growing in that area. The thought of completing our spiritual growth can seem impossible because we are so unlike Christ, but remember that completing your growth takes a lifetime of God's grace. When you begin with simply focusing on one area, you will give significant leverage in your spiritual growth in all areas! God will use your focus in one to strengthen all areas of your Christ-likeness. Proceed to the PRP (Personal Renewal Plan) on the back panel.





Through life, happening in and around us, our hearts have been formed. Tragically, that formation took place while we were under the rule of sin. But, through Christ, we are no longer slaves to sin (ROMANS 6); we are new creations (II CORINTHIANS 5:17). Our moment of faith marks the start of our journey of renewal, but the reshaping of our hearts does not happen overnight. As sojourners, people on a journey, we desire renewal daily to authentic Christian life, where our hearts match Christ's and the way we relate to God and one another is transformed. God plans for our renewal and he desires us to participate (PHILIPPIANS 1:6, 2:12). How can we take part in our spiritual renewal?



## What is your 'PRP'?

Your PRP is a tool to help see where God has worked renewal in your life and to plan for further personal renewal. The PRP simply measures—it helps us see ourselves clearly (ROMANS 12:3), where we're have grown and where we can grow.

DON'T PANIC! This is not a test (you can't get a perfect score), simply a tool to help guide you to a deeper, richer relationship with our Creator and Savior.

## How does it work?

We have five core identities as Christians: **Worshippers, Family, Servants, Missionaries, Learners**. Certain practices will flow from the depths of those identities. Put a check beside the practices you feel are true about yourself. When you are finished, total your scores for each identity and transfer them to the wheel on the back and follow the instructions.

**Worshippers** *Jesus Christ re-creates our lives and enables us to worship God fully as we were intended, rather than worshipping created things, as our sinful nature leads us to do (ROMANS 12:1, 1:25).*

- I believe that God is real and that I can have a personal relationship with Him.
- I have acknowledged that I am a sinner and that God initiated my restoration through Christ, and have responded by trusting in Christ alone for my salvation.
- I have responded in baptism after receiving Christ as a public profession of my faith in Him.

- I regularly reflect on God's character and priorities in my life and believe that he is worthy of my praise and devotion.
- I actively participate in weekly worship services – hearing the Word sung and preached and generously giving to God of my finances.
- I am actively learning to seek God with all my heart, soul, mind and strength.
- Because I desire God's rule in my life, I can point to major decisions where I did what God said even when I didn't feel like it.
- I implement spiritual disciplines like prayer, fasting, journaling and solitude regularly in my life to remind myself of God's necessity in my life.
- I purposely develop attitudes and habits that lead to a life fully surrendered to God because I value him above all else.
- I train others in the attitudes and disciplines that lead to a fully surrendered life to God.

\_\_\_ Total for this section

**Learners** *We desire to renew our minds through the power of the Spirit, to be conformed to Christ's image in our attitudes and world-view (MATTHEW 28:18-20; JOHN 16:13-15; ROMANS 8:28-30).*

- I desire growth in my Christian faith and carve out time to learn about God through personal and/or group study.
- I believe that the Bible is God's Word and seek him there first.
- I intentionally seek to apply God's Word to my daily life and have found changed decisions as a result.
- I regularly (weekly) put myself in situations to hear, savor and discuss God's Word and what it reveals about him.
- I have a daily practice of independently reading and meditating on God's Word.
- I meet regularly with a group of people to study God's Word.
- I have been trained to accurately study and memorize God's Word and regularly dig into the meat of the Scriptures without relying on someone to guide me.
- I do not grow my walk with Christ in a vacuum, but meet regularly one or two individuals who personally help sharpen my life of faith.
- I am training others in Bible study and applying God's Word to all areas of their lives.
- I have a lifestyle of training up teachers/leaders who also teach others.

\_\_\_ Total for this section

**Family** *We are God's children, Jesus' adopted brothers and sisters, and are fully accepted and loved – therefore we fully accept and love each other (JOHN 1:11-13).*

- I desire to have others speak truth into my life so that I can grow in Christ-likeness.
- I am a member of a local church with which I regularly gather and am known by many.
- I have a group of close Christian friends with whom I live life.
- I actively participate in a small group where we actively love and serve one another.
- I desire to mend broken relationships and bring health to difficult friendships and am willing to take the risks necessary.
- I have at least one accountability partner to whom I admit my sin and ask for help.

- I can name several Christians who have permission to speak honestly into my life about anything.
- I initiate heart-probing conversation, lovingly confront sin, and encouragingly challenge others to follow Christ.
- My group of Christian friends is actively pursuing the goal of being transformed into more Christ-likeness.
- I train others to develop groups for Christian fellowship.

\_\_\_ Total for this section

**Servants** *We are Christ's Possession, purchased by His blood and freed from selfish sin for service to others – to embody His message with our deeds inside and outside the church (1 CORINTHIANS 7:22-24; GALATIANS 1:10; PHILIPPIANS 2:5-11).*

- I desire to serve God by serving the people that God has put in my life.
- I am very willing to serve when I see needs arise within my church.
- I believe God has given me specific gifts and abilities to serve at my local church.
- I have taken a gifts/abilities assessment and know where my strengths are in serving others.
- I have committed to giving of my time, talent and treasure in ministry at the church to reflect how God first gave these things to me.
- I am experiencing significant personal life change through serving.
- I consistently and joyfully serve my local church to declare and demonstrate Christ-modeled service.
- I am responsible for training workers to serve well, understanding why they serve.
- I consistently serve my local church with the aim and fruit of helping others realize their full potential in participating in the body of Christ.
- I consistently raise up new leaders who then train others in ministry.

\_\_\_ Total for this section

**Missionaries** *Christ has rescued us and sent us as His ambassadors and we share His desire for the rescue of others so we act (2 CORINTHIANS 5:17-21; JOHN 20:21).*

- I have a desire to reach out to others with the message of Jesus Christ.
- I am involved in projects/relationships that serve the community as a testament of Christ's care for them.
- I am praying for specific friends/family/co-workers who don't know Christ.
- I have been on a mission trip to see how God works in other communities.
- I make it a practice to engage with non-church-attending people regularly and invite them to church.
- I consistently give of my time, talent and treasure to help the church in outreach ministries.
- I have been trained to listen to others' stories, to share my own, and how to lead someone to Christ.
- I actively share my faith on a regular basis.
- I cultivate relationships with non-believers and non-church-attending people out of my desire to point them to Christ and/or back to the church.
- I train others in how to be effective in personal outreach.

\_\_\_ Total for this section

